



declare hope

75 Day

Family Strengthening Kit Instructions



1

Declare Hope by placing your yard sign in your front yard, signifying your family is taking proactive steps to value and strengthen your family and encourage others to do the same.

Place your window decal in your car window or house window where others will see it.



2

Complete your *Family Strengthening Agreement*. Use the magnet provided to display the agreement on your refrigerator.



3

Take your *Family Health Assessment* together as a family to identify your top three strengths and top three areas for growth as a family.



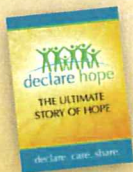
4

Listen to the CD on *Building a Stronger Family*.



5

Family Conversations – Commit to a number of meals each week together as a family and use the questions provided to learn more about each other. Do this for six weeks and see how much you learn.



6

Share the *Ultimate Story of Hope* with another family.



7

Attend a local *How to Drug Proof Your Kids*® class to learn how to steer your kids away from the harmful use of drugs. Call Operation UNITE at (866) OP-UNITE for classes in your area.

www.declarehope.com

1-866-678-6483

